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| Name: mrs.Pushpa | Reg No: 5-3smmhc18 |
| Age / Sex:48/f | Contact No: |
| Marital Status:ml-26years | Date:9/3/18 |
| Occupation: housewife.cooking. | Dr. pjfp |
| Address:  Native of ooty . in blore from 27 years. | DIAGNOSIS- |

1. From 1 year got dm. bloating abdomen. No motion after taking homoeopathy med frm a month. Went to homoeo because had nausea and some bloating some disturbance in abd. Weekly once getting motion. Feeling difficult. Small. Normal color, smell smtimes more. Not feeling satisfied. Abdomen becomes like stone. Even if eats less whole abd becomes hard. Feels heavy .

<when hungry, delay in eating.

>eating

1. Morning burning in the feet. Dryness of feet. Must apply oil.
2. Left side butt pain.
3. Got dm a year ago reg check up so got to know and took medicine continuing now.

Accident 27 years back – acid fell on her when working. After that had child in drunken state of husband which lead to a male child. After delivery 3 months husband left her bcoz she is not nice. Now 25 years. Adopted her sisters daughter at 3 months they were twins so she paid 1 lakh and took frm her sister.

* Never had any disease but 1 -2 years back her son was failing in exams constantly so she felt I am paying this much working hard and he doesn’t study. felt bad.

Pts mom died of heart attack after son in law left daughter.

Not finding interest in anything. No feeling to eat. fr the sake of tablets and living mus eat na so im eating.

Likes cold weather. Food sometimes cold and sometimes hot.desires both.

Dryness in mouth till throat. Doesn’t drink water due to thirst but jus fr the sake of dryness. Always like cold water only no matter how cold it is.

Fan must have. Bt dryness in feet.

Irregular periods from 1 year.

1. Bry 1m- 4--- 7 doses – alternate days mng b/brush
2. Disc 3-0-3 a/food.
3. Plain pills 3-0-3 2 dram

4/4/18: better during medicine by 20%. One day got pain in the left lower abdomen. Fingers of feet cant bend feels stiffness. After my medicine feels better. 3 days no med so felt inc. bp: 100/70 mmhg.

Rx:

1. Abies nigra 200 – 3 doses – 5 days once b/brush water.
2. Bryonia 1m – 7 doses 1 dose alt days b/brush
3. Disc 3-0-3
4. Plain pills 3 pills 1 dram afternoon b/food.

18/4/18: eyes difficulty in vision. Blurred vision .if sleeps on rite side sees double. While climbing also feeling difficulty in where to put step.Sometimes seeing things 3 or 4 since the a week. . Sometimes very clear. Motion tight. Coming once in 2 days. Not coming and getting stuck inbetween yday. Abd also bloated yday only. Feet better. 120/70mmhg. 2 days bck felt vomit sensation but drank water and somehow got controlled.

Rx:

1. Sil 200 – 3 doses – 5 days once.
2. Alumina 30 pills 3-3-3-3.
3. Ruta200 pills 3-3-3-3.

3/5/18: slightly better. Pain if sees anything constanly. Smtimes foggy vision and sometimes clear to see. Watery at times. 110/60mmhg.

Rx:

1. Physostigma 200 – 4-4-4-4.
2. Nat mur 200 – 1 dose.

18/5/18:

1. acid phos 1m+syphilinum1m+merc sol 200.
2. Pentaphos 2-0-2
3. Rubrum 15 – 1 night b/food.

16/6/18: eyes feel better. After stopping the homoeo med feel offensive eructations and diarrhea imm after eating gets it. If on homoeo no problem. Body pain constant. Sometimes foggy sometimes clear. Cramping type pain. left side lower abdomen keeps getting pain . didn’t eat in the afternoon as felt sick of diarrhea. Always feels watery and feels some eruptions in eye maybe. Likes weather to be cold. Feels like having something cold to drinks. >pressure. Sometimes feet become cold and sometimes burning along with it and then want to cover. Sometimes the burning inc because of the cover.

Rx:

1. Natrum phos 200 – 4-4-4-4
2. Staphysagria 1m – 1 dose now.
3. Alfalfa Q 10-10-10 drops. a/food water.

29/6/18: left side butt pain. last time rt side pain now left. Extending to leg.

Rx:

1. GUIACUM 200 – 3 doses – daily once b/food.
2. Alfalfa1m 1 dram 3-3-3.
3. Staphy 1m – 1 dose now.

13/7/18:

Flashes of light.

Rx:

1. Acid phos 1m+syphilinum1m 4-4-4-4 alternate days 2 dram
2. Colocynth 1m 4-4-4-4 alternate days. 2 dram
3. Sygizium Q 10-10-10 drops a/food.

17/8/18: low buttock left side pain. eyes feels watery but doesn’t come out. flashes of light frm 1 week.

Rx:

1. Insulinum1m/guiacum1m/ amm mur1m – 4-4-4-4. Weekly repeat for 4 days.
2. Alfalfa 10-10-10 drops a/food. Water.

6/10/18:

Left side knee joint pain. buttock pain and unable to sit on floor. Sweeling. Gets vomiting sensation if not medicine. Motion no problem. Eyes better than before. But flashes occasional. Stiffness and numb of toes. > warmth.

Rx:

1. insulinum1m- morning

2. Pancreatinum1m – night

3 Thuja 1m – alternate 7 doses.

4 causticum1m – 4-4-4-4 weekly 4 days repeat.

5 carbo veg 30 – 4 pills sos gastritis.

6 alfa +avena q – 10-10-10 drops a/food water.

7 colocynth1m+guiacum1m – 4 pills leg pain sos.

22/12/18: eyes watering feels settling in the lower. Giddiness suddenly. Only one day. Unable to bend her fingers of the feet. Feels dry. Unable to squat. Feels bloating at times.

Rx:

1. Causticum1m/ sepia 1m/pancreatinum1m – 4-4-4-4 alt weeks.
2. Rhus tox 200+bry 200- disc 2-0-2.
3. Nat mur 1m – 4 doses – weekly b/food.

23/2/19: b/l fineg toes burning. Eyes watery. Dryness of mouth. Headache more.

Rx:

1. sygiziumQ+abromaQ+acid phosQ 15-15-15-a/food water.
2. Causticum1m/ sepia 1m/pancreatinum1m – 4-4-4-4 alt weeks.
3. Rhus tox 200+bry 200- disc 2-0-2.
4. Nux vom 1 dose stat.

9/3/19: SPRAIN IN RT.LEG GOT SWELLING AND PAIN.

RX:

1. ARNICA RHUSTOX SYMPHYTUM 200 – 4-4-4-4 1 DRAM PILLS
2. ARNICA RHUS TOX SYMPHYTUM 1M – 4-4-4-4 1 DRAM PILLS.
3. BIO BLOOM BALM – 1

28/6/19: leg pain buttock onwards. <cant in padmasana position. Gastric bloating.

Rx:

1. Nux vom 200- 4 pills night b/food.
2. Colocynthis1m/staphysagria1m – 4 -0-4 disc
3. Abroma/sygizium – 15-15-15 drops a/food.
4. Ars 200/acid phos200/nat mur 200 – 4 pills morning b/food.
5. Uranium nit 200 – 4-4-4 pills b/food.